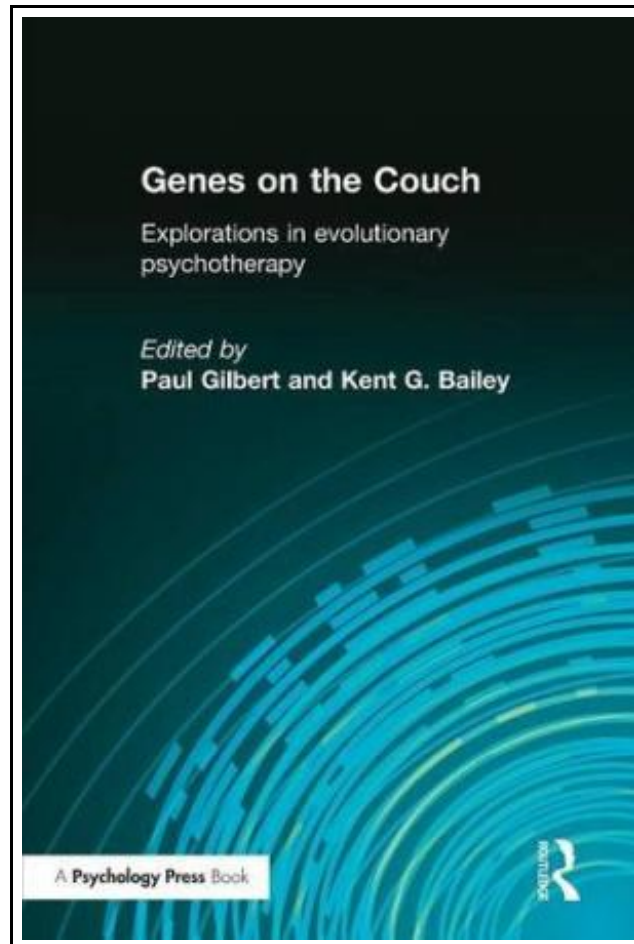


Genes on the Couch: Explorations in Evolutionary Psychotherapy (Paperback)



Filesize: 1.55 MB

Reviews

These types of publication is the best book available. it absolutely was writtern very completely and helpful. I am very happy to explain how here is the greatest book we have study within my individual existence and can be he greatest publication for possibly.
(Lucas Brown)

GENES ON THE COUCH: EXPLORATIONS IN EVOLUTIONARY PSYCHOTHERAPY (PAPERBACK)

[DOWNLOAD](#)

To get **Genes on the Couch: Explorations in Evolutionary Psychotherapy (Paperback)** PDF, remember to click the button listed below and save the ebook or get access to other information which are highly relevant to **GENES ON THE COUCH: EXPLORATIONS IN EVOLUTIONARY PSYCHOTHERAPY (PAPERBACK)** ebook.

Taylor Francis Ltd, United Kingdom, 2002. Paperback. Book Condition: New. 228 x 156 mm. Language: English . Brand New Book ***** Print on Demand *****.Philosophers and therapists have long theorised about how psychological mechanisms for love, jealousy, anxiety, depression and many other human characteristics may have evolved over millions of years. In the dawn of the new insights on evolution, provided by Darwin's theories of natural selection, Freud, Jung and Klein sought to identify and understand human motives, emotions and information processing as functions deeply-rooted in our evolved history. Despite this promising start and major developments in modern evolutionary psychology, anthropology and sociobiology, the last fifty years has seen little in the way of therapies derived from an evolutionary understanding of human psychology. The contributors to this timely book illuminate how an evolution focused approach to psychopathology can offer new insights for different schools of therapy and provide a rationale for therapeutic integration. *Genes on the Couch* brings together respected clinicians who have integrated evolutionary insights into their case conceptualisations and therapeutic interventions. Various psychotherapy schools are represented, and each author provides illustrative examples of the interventions used. Specific topics addressed include the nature of evolved mental mechanisms; regulation/dysregulation of internal processes; attachment and kinship in therapy; the importance of internalising warmth as a therapeutic goal; kin selection and incest avoidance; co-operation and deception in social relations; difficulties in working with certain male clients; gender differences in therapy and the roles of shame and guilt in treatment. Providing up-to-date summaries of recent thinking in this increasingly important but diverse area, *Genes on the Couch* will be of interest to psychotherapists, psychiatrists and a wide range of mental health professionals.



[Read Genes on the Couch: Explorations in Evolutionary Psychotherapy \(Paperback\) Online](#)



[Download PDF Genes on the Couch: Explorations in Evolutionary Psychotherapy \(Paperback\)](#)

Relevant PDFs



[PDF] Music for Children with Hearing Loss: A Resource for Parents and Teachers (Paperback)

Click the web link below to download "Music for Children with Hearing Loss: A Resource for Parents and Teachers (Paperback)" PDF document.

[Save ePub »](#)



[PDF] Mother Carey s Chickens (Dodo Press) (Paperback)

Click the web link below to download "Mother Carey s Chickens (Dodo Press) (Paperback)" PDF document.

[Save ePub »](#)



[PDF] Depression: Cognitive Behaviour Therapy with Children and Young People (Paperback)

Click the web link below to download "Depression: Cognitive Behaviour Therapy with Children and Young People (Paperback)" PDF document.

[Save ePub »](#)



[PDF] The Mystery of God s Evidence They Don t Want You to Know of (Paperback)

Click the web link below to download "The Mystery of God s Evidence They Don t Want You to Know of (Paperback)" PDF document.

[Save ePub »](#)



[PDF] Fifty Years Hence, or What May Be in 1943 (Paperback)

Click the web link below to download "Fifty Years Hence, or What May Be in 1943 (Paperback)" PDF document.

[Save ePub »](#)



[PDF] A Parent s Guide to STEM (Paperback)

Click the web link below to download "A Parent s Guide to STEM (Paperback)" PDF document.

[Save ePub »](#)