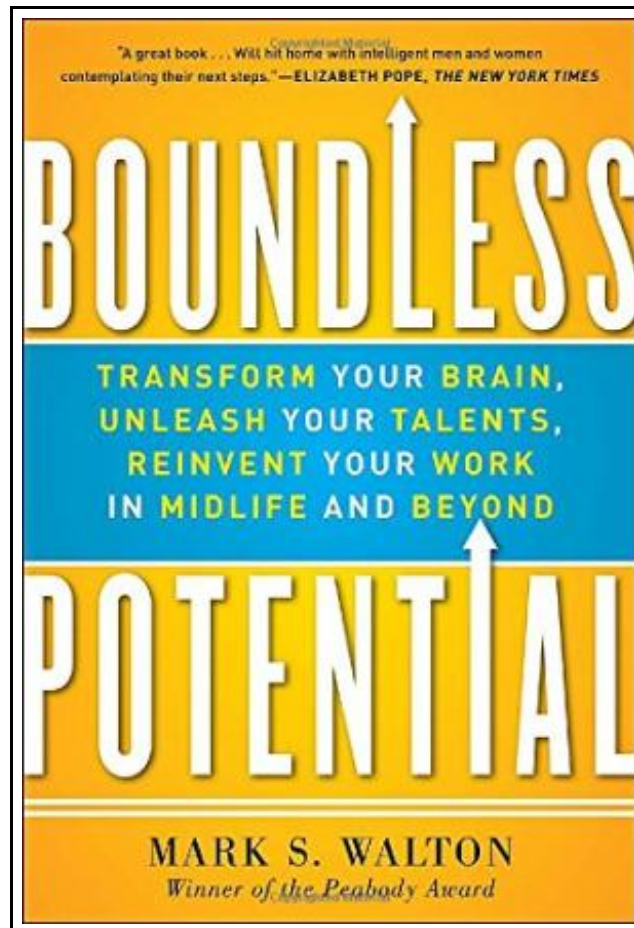


Boundless Potential: Transform Your Brain, Unleash Your Talents, and Reinvent Your Work in Midlife and Beyond



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(Alec Veum)

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McGraw-Hill Education - Europe. Hardback. Book Condition: new. BRAND NEW, Boundless Potential: Transform Your Brain, Unleash Your Talents, and Reinvent Your Work in Midlife and Beyond, Mark S. Walton, What is the lifelong potential of the human mind? Do we have talents or brainpower we're unaware of? Can we make money and a difference doing something we love? Is there a science to it or just luck? Millions of us in our forties, fifties, and sixties are facing career, financial, and personal challenges beyond anything we anticipated - and now we're filled with fresh uncertainties. We've seen careers derailed and investments devastated by economic chaos. Some of us have grown restless or burned out in our businesses or professions. Others have unexpectedly "flunked retirement", finding the so-called golden years mind-numbingly boring. However we've come to it, the challenge is the same: What Now? Personally driven by this question, Peabody Award-winning journalist and Fortune 100 leadership consultant Mark S. Walton set out on his most fascinating assignment yet. Crisscrossing America to meet with remarkably reinventive people and researching the latest breakthroughs in brain science, psychology, creativity, and happiness, he made three life-altering discoveries: State-of-the-art neuroscience has revealed that we are hardwired for reinvention through the emergence of extraordinary new brainpowers in life's second half. A growing number of men and women are learning to leverage this inborn potential. In midlife, they're raising the bar - inventing profitable new careers, businesses, and avenues for social impact that extend well into their seventies, eighties, and even nineties. Longevity experts are increasingly convinced that doing work that "pays it forward" to future generations pays us back in personal long-term health and happiness. In "Boundless Potential", Walton weaves firsthand accounts, cutting-edge research, and practical lessons into an actionable blueprint for redesigning our lives and work....

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