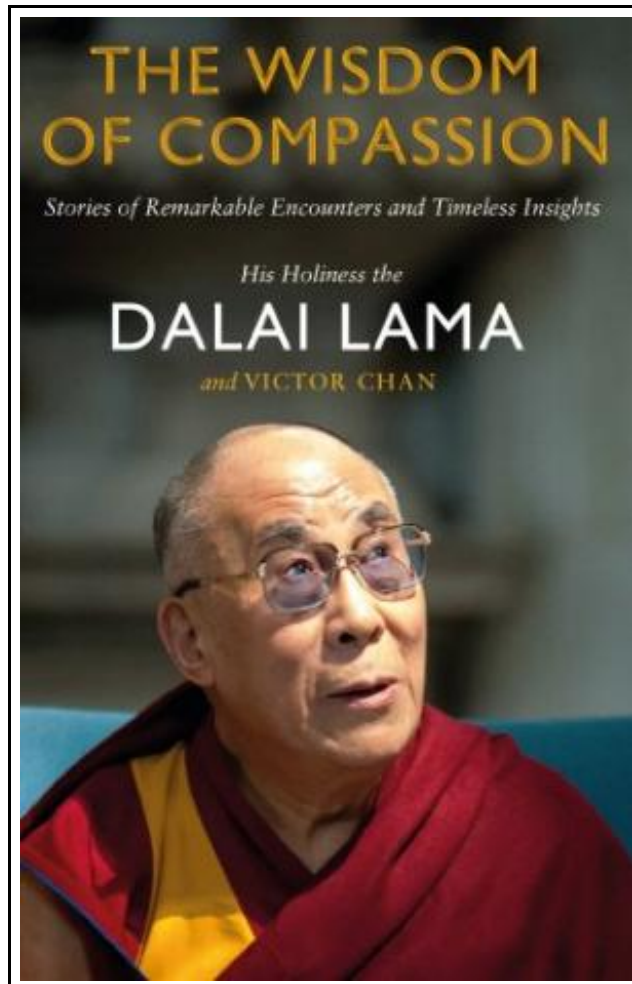


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THE WISDOM OF COMPASSION: STORIES OF REMARKABLE ENCOUNTERS AND TIMELESS INSIGHTS



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Transworld Publishers Ltd. Paperback. Book Condition: new. BRAND NEW, The Wisdom of Compassion: Stories of Remarkable Encounters and Timeless Insights, Dalai Lama XIV, Victor Chan, The Wisdom of Compassion offers rare insights into the Dalai Lama's life as he interacts with remarkable people from all walks of life. In these deeply engaging behind-the-scenes stories we see not only the Dalai Lama at his most human, and most humane, but also the way he approaches the world with humour and optimism. As he empathizes with those who are suffering, and demonstrates the tangible benefits of practising forgiveness and compassion, the Dalai Lama reveals the many lessons he has learned, including how his collaborations with leading neuroscientists, psychologists, teachers and students from around the world have taught him how to educate the heart; his inspiring friendship with a blind Irishman, the only person he calls his hero, has taught him how one can overcome adversity; through his encounters with illiterate grandmothers learning how to harness solar power for their communities, a beggar girl, and his soulmate, Archbishop Desmond Tutu, he has discovered how compassion can be translated into action. Enhanced by the Dalai Lama's seven decades of practice and illuminated through captivating anecdotes, The Wisdom of Compassion can help readers to lead more fulfilling lives. The Dalai Lama also shows how, when we open our hearts and minds to others, we are on the surest path to true happiness.



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