



# Talking Back to Dr. Phil: Alternatives to Mainstream Psychology (Paperback)

By David Bedrick

Belly Song Press, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Utilizing in-depth research and analysis, this volume debunks the quick fixes and simplistic explanations of Dr. Phil McGraw. While he s watched and revered by millions, no critique exists for his daytime advice--and like much of pop psychology, his counsel is often ineffective, leaving people feeling like failures and that something is wrong with them. Readers will easily identify with the guests and stories from actual Dr. Phil episodes, on topics ranging from anger, sex, addictions, and dieting to domestic violence, race, and gender. A powerful, love-based alternative psychology is then offered, basing itself on the belief that there is profound meaning in people s struggles. Story after story shows how people s difficulties are seeds of their unique beauty, power, and intelligence, elevating rather than diminishing their esteem. The insight and compassion for people s humanity provided here cuts through the easy soundbites and will leave people feeling a genuine love for who they really are.



#### Reviews

This pdf may be worth acquiring. It can be writter in easy words and phrases and not hard to understand. I am pleased to tell you that this is basically the finest book i have read through during my personal existence and might be he greatest pdf for at any time.

-- Jeffry Tromp

Completely one of the best publication I actually have ever study. I really could comprehended almost everything out of this written e publication. Your daily life span will likely be change as soon as you total reading this publication.

-- Prof. Adolph Wisoky

### **Related Books**



## Children s Rights (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



#### Penelope s English Experiences (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 226 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



#### From Kristallnacht to Israel: A Holocaust Survivor s Journey (Paperback)

Dog Ear Publishing, United States, 2009. Paperback. Book Condition: New. 226 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In the 1930s, as evil begins to envelope Europe, Karl Rothstein is born in Austria. As his life...



#### DK Readers L1: Jobs People Do: A Day in the Life of a Teacher (Paperback)

DK Publishing (Dorling Kindersley), United States, 2001. Paperback. Book Condition: New. American.. 224 x 150 mm. Language: English. Brand New Book. This Level 1 book is appropriate for children who are just beginning to read. Ms. Hill brings 28 fish to...



#### Polly Oliver's Problem: A Story for Girls (Paperback)

The Wildhern Press, United Kingdom, 2008. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin was an American children s author and educator. She was born in Philadelphia of Welsh...



#### Penelope s Irish Experiences (Dodo Press) (Paperback)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...