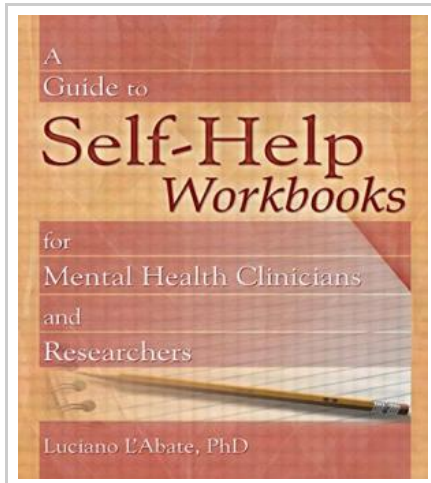




A Guide to Self-Help Workbooks for Mental Health Clinicians and Researchers

By Luciano L'Abate

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