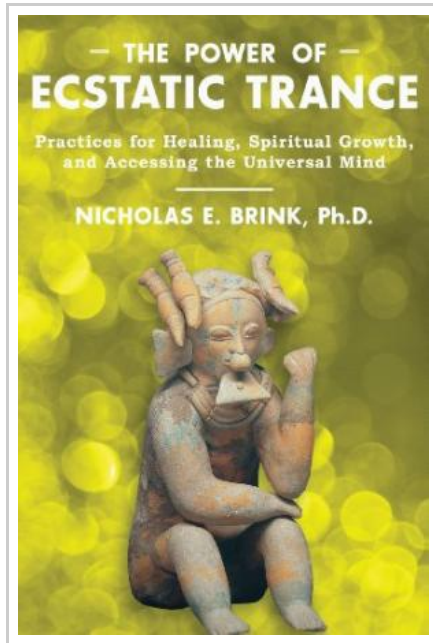




DOWNLOAD



The Power of Ecstatic Trance: Practices for Healing, Spiritual Growth, and Accessing the Universal Mind

By Nicholas E. Brink

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, The Power of Ecstatic Trance: Practices for Healing, Spiritual Growth, and Accessing the Universal Mind, Nicholas E. Brink, Over the millennia shamanic trance journeying has been used as a way of healing, of providing answers to questions, and of offering solutions to individual, family, and community problems. Though traditionally it was the shaman of the community who went on such journeys, the revolutionary work of the late anthropologist Felicitas Goodman shows that we all have these shamanic powers. Her research on the body postures found in ancient primitive art and in the practices of contemporary shamans offers each of us the ability to experience ecstatic trance journeys firsthand. A student of Felicitas Goodman and Belinda Gore, psychologist Nicholas Brink examines more than 20 traditional trance postures for divination, decision making, letting go of guilt and grief, healing of illness and emotional pain, spirit journeys, shape-shifting, interacting with animal spirits and the dead, and discovering past lives. Exploring the physiology and psychology of ecstatic journeying, he offers guidance for those with little or no experience as well as methods for longtime practitioners to deepen their practice and reclaim the extrasensory...



READ ONLINE
[8.89 MB]

Reviews

A top quality publication as well as the font utilized was fascinating to read. It is among the most incredible pdf i actually have read through. I am easily could get a pleasure of looking at a created publication.

-- **Scot Howe**

Merely no phrases to describe. It generally does not price an excessive amount of. Its been designed in an extremely simple way in fact it is simply soon after i finished reading through this pdf through which really altered me, modify the way i really believe.

-- **Natasha Rolfson**